

# PBIS: POSITIVE BEHAVIOR INTERVENTION SUPPORT WASHINGTON ELEMENTARY SCHOOL

# Washington Staff PBIS HANDBOOK

#### EUREKA CITY SCHOOL DISTRICT

## Washington Elementary Staff PBIS Handbook

Washington Elementary PBIS Team created this handbook in consultation with Dr. Dale R. Myers and Dale R Myers & Associates, LLC, during the 2011-12 school year. The purpose of this handbook is to guide and support Washington staff as we implement PBIS in our school. Our goal is to provide all of our students with safe and effective school environments where they can experience academic and social-behavioral success.

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# PBIS: Background Information

The goal of PBIS is to prevent the development and establishment of problem behaviors and to maximize academic success for all.



PBIS is an acronym for Positive Behavior Intervention Support. It is a school-wide integration of:

- A systems approach for building capacity
- A process for capacity building
- A continuum of behavior supports
- Prevention focused efforts
- Instructionally focused
- Empirically sound practices
- Assessment information analyzed and used on a frequent basis

Washington Elementary will pursue a singular vision of student success by becoming a learning organization with a strong commitment to personal and professional growth.

"Quality is never an accident; it is always the result of high intention, sincere effort, intelligent direction, and skillful execution; it represents the wise choice of many alternatives."

#### Willa A. Foster

## PBIS-School-Wide has 5 Critical Components

- 1. Clear Expectations
  - ★ As defined in the rules matrix
- 2. Explicitly Taught
  - ★ Each area in the matrix is accompanied by a lesson plan.
  - ★ A schedule for teaching and re-teaching behaviors is used.
- 3. A system for encouraging appropriate behavior
  - ★ Reward or recognition system, including a Reinforcement Menu for encouraging positive and appropriate behaviors.
- 4. A system for discouraging inappropriate behavior
  - ★ A Correction Menu for how to respond to and correct Level One, Level Two, and Level Three behaviors.
- 5. A data collection system
  - ★ Answering two important questions. Are we...
  - 1) Doing what we said we would do?
  - 2) Achieving the student outcomes we said we would achieve?
  - ★ The data collection system analyzes data gathered from the school's Behavior Tracking Forms to monitor and adjust adult responses and school focus in responding to student behavior.

## Dr. Dale's Five Big Ideas



- 1. All children can learn and are always learning!
  - ★ Children are learning all the time. If you work around children, you are a teacher.
- 2. School is responsible for preparing students for life.
  - ★ Schools should teach important life lessons.
- 3. School expectations must be explicit, and taught to all children.

- 4. The only way to change student behavior is to change *adult* behavior.
  - ★ We create the environments in which behaviors arise.
- 5. Things aren't always as they appear!
  - ★ Human perception is often flawed. It is important to use data.

# Section 2

## **CLEAR EXPECTATIONS**

If you want it, teach it.

Teach it where you want it.

If you want to see it, look for it.

If you see it, recognize and reward it.

- Dale R. Myers

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ur school rules are:

Be Safe Be Respectful Be Responsible

## Good Rules are Important

- They reveal the values of the school or district.
   (Our school values Safety, Respect and Responsibility)
- They provide guidelines for success. We teach students the desired behavior, rather than telling students what not to do.
- They are critical lower order social skills. They are the basic building blocks of successful relationships and communities.
- They can increase staff consistency.
- They can reduce problem behavior.
- They can increase school safety.

## What Makes Good Rules

#### Good rules are:

- ★ Simple and easy to remember.
- ★ Positively stated: What we want.
- ★ Applicable to everyone, staff and students.
- ★ Monitored and enforced by all.
- ★ Consistently applied.

Washington Elementary has a singular vision of student success by becoming a learning organization with a strong commitment to personal and professional growth.

#### VISION

S uccess for all

U nited in common purpose

**C** ommunity involvement

**C** ommitment to academic achievement

**E** xcellence in education

**S** taff personal and professional growth

S hared work through collaboration

## MATRIX of School Rules & Expectations

### Our matrix serves two purposes:

- 1. Helps the school community "get on the same page"
- 2. Serves as the basis for writing school rule lesson plans

## School Rules and Expectations: Guidelines For Success

AREA	BE SAFE	BE RESPECTFUL	BE RESPONSIBLE
All the Time	<ul> <li>Keep hands and feet to yourself</li> <li>Follow the "Golden Rule"</li> <li>Use supplies appropriately</li> <li>Be safe in words and deeds</li> <li>Leave toys at home</li> <li>Stay on campus unless given permission to leave</li> </ul>	<ul> <li>Take pride in your school</li> <li>Use a respectful tone of voice</li> <li>Use appropriate voice level: 0=silent 1=whisper 2=conversation 3=presentation/teacher voice 4=outdoor voice</li> <li>Be polite</li> <li>Respect adults, parents and visitors</li> <li>Respect each other</li> <li>Be kind to others</li> <li>Follow directions promptly</li> <li>Use good manners</li> <li>Be honest and trustworthy</li> <li>Take hats and hoods off indoors</li> <li>Follow dress code</li> </ul>	<ul> <li>Give your best effort</li> <li>Encourage others to do their best</li> <li>Help others follow all school rules</li> <li>Leave gum at home</li> </ul>
Morning Meeting	<ul> <li>Freeze at the bell</li> <li>Walk to your lines at the whistle</li> <li>Keep hands, feet, and objects to yourself</li> <li>Follow all adult instructions</li> <li>Put equipment away</li> </ul>	<ul> <li>Remove hat or hood for pledge</li> <li>Freeze in place if pledge has begun</li> <li>Be quiet in line</li> <li>Bell means ready to start</li> <li>Zero voice level after 2<sup>nd</sup> bell</li> <li>Be on time</li> </ul>	<ul> <li>Be in line by second bell</li> <li>Actively listen and participate by looking at speaker and not talking to others</li> <li>Encourage others to listen and participate</li> </ul>

AREA	BE SAFE	BE RESPECTFUL	BE RESPONSIBLE
Playground	<ul> <li>If someone is hurt, the closest person should care for them and get help if needed</li> <li>Keep hands, feet and objects to self</li> <li>Follow all rules for games and play areas</li> <li>Get permission before leaving the playground</li> <li>Never talk to anyone through fence</li> <li>Be safe in words and deeds</li> <li>Stay in designated areas</li> </ul>	<ul> <li>Include everyone in games</li> <li>Be a good sport</li> <li>Treat everyone with respect</li> <li>Take turns</li> <li>Use polite words of encouragement</li> <li>Play "by the rules" of the game</li> <li>Respect the monitors</li> <li>Follow directions quickly and politely</li> <li>Use respectful language and tone of voice</li> </ul>	<ul> <li>Put equipment away at end of recess.</li> <li>Make sure trash gets in trash can</li> <li>Use restroom and get drinks before returning to class</li> <li>Return to class on time after recess</li> <li>Walk quietly in line</li> <li>Encourage other to follow the rules</li> <li>Take care of equipment and the playground environment</li> <li>Be responsible for your belongings</li> </ul>
Hallways	<ul> <li>Walk single file</li> <li>Walk facing forward</li> <li>Picnic tables are for sitting only</li> <li>Keep hands, feet and objects to yourself</li> <li>Beware of "danger zones" marked by doors</li> </ul>	<ul> <li>Respect students learning in classroom – hallway is a "quiet zone"</li> <li>Walk quietly with hands at your sides</li> <li>Follow all directions</li> <li>Use a whisper voice</li> <li>Walk until you reach the red line</li> </ul>	<ul> <li>Get back to class as quickly as possible</li> <li>Treat others belongings with respect</li> <li>Take care of your belongings</li> </ul>
Cafeteria	<ul> <li>Walk with your teacher or monitor to the cafeteria</li> <li>Walk facing forward with hands at your sides</li> <li>Eat only your own food</li> <li>Stay seated until excused</li> <li>Sit on your bottom, feet on the floor</li> <li>Respect food allergy table</li> </ul>	<ul> <li>Use indoor voices (Voice level 0, 1, 2)</li> <li>Everyone is welcome</li> <li>Use your best manners</li> <li>Follow monitor's directions</li> <li>Treat everyone with respect</li> <li>Remove hats and hoods indoors</li> <li>Respect "quiet zone" – hallway (voice level 0 or 1)</li> </ul>	<ul> <li>Clean your table area by throwing all trash away</li> <li>Wait to be excused</li> <li>Report problems to an adult</li> <li>Line up quietly (voice level 0 or 1) with hands and feet to yourself</li> <li>Get back to class on time</li> <li>Use restroom before returning to class</li> </ul>

AREA	BE SAFE	BE RESPECTFUL	BE RESPONSIBLE
Bathroom	<ul> <li>Use toilet, sink, towels and soap appropriately</li> <li>Report problems to an adult</li> <li>Wash and dry your hands</li> <li>Sit on toilet seats only</li> <li>Use the restroom near blacktop during recess, use the restroom near the cafeteria during lunch</li> </ul>	<ul> <li>Use indoor voices (level 0,1,2)</li> <li>Respect privacy by knocking on stall doors before opening</li> <li>Do not peep under or over stall doors</li> <li>Flush the toilet after use</li> <li>Keep it clean by flushing, washing hands, and throwing paper towels in trash</li> </ul>	<ul> <li>Put trash in trash cans</li> <li>Keep water in the sink</li> <li>Leave stall unlocked when leaving</li> <li>Go directly back to class</li> <li>Only go to the bathroom when you need to; do not hang out in bathroom</li> <li>Keep bathroom facilities clean by flushing, washing hands, and throwing paper towels in trash</li> </ul>
Library	<ul> <li>Enter library through "in" door</li> <li>Leave food and drinks outside of library</li> <li>Walk in library</li> </ul>	<ul> <li>Use an inside voice (voice level 0 or 1)</li> <li>Be respectful of others</li> <li>Quiet stick use</li> </ul>	<ul> <li>Treat books and materials with care</li> <li>Return books on time</li> <li>Take "hurt" books to library for care</li> </ul>
Arriving and Departing	<ul> <li>Playground is closed afterschool unless you are with a parent</li> <li>Wait for rides by sitting in front of school</li> <li>Report any problems to an adult</li> <li>Pick-up zones are quiet zones</li> <li>All things with wheels (e.g. bikes, scooters) must be walked off campus and helmets must be worn</li> </ul>	<ul> <li>Follow school rules after school: Be Safe, Be Respectful, Be Responsible</li> <li>Treat others with respect</li> <li>Respect the school grounds</li> <li>Throw trash in garbage cans</li> </ul>	<ul> <li>Arrange afternoon plans with parents in advance</li> <li>Keep track of personal belongings</li> <li>Cell phone use after school in designated area (in front of office) only</li> </ul>
Office	Come to the front door of the office with a note or hall pass from a monitor or teacher	<ul> <li>Wait at counter until an adult can help you.</li> <li>Use a level 0 or 1 voice</li> <li>Speak politely by saying please and thank you</li> </ul>	Use a quiet voice (level 0 or 1) while waiting in office
	•	•	•

AREA	BE SAFE	BE RESPECTFUL	BE RESPONSIBLE
Classrooms		vill be expected to define the being respectful, and being t	<b>-</b>

## **Explicitly Taught Expectations**

PBS: Teaching Behaviors

wo main rules around behavior:

- 1. If you want it, teach it.
- 2. You get more of what you pay attention to.

#### How do we teach social behavior?

You teach behavior the same way you teach academics.

- 1. Create clear behavioral expectations.
- 2. Communicate clearly to students what we want.
- 3. Explicitly model desired behavior and provide practice opportunities.
- 4. Monitor student behavior.
- 5. Provide performance feedback.

#### When do we teach behavior?

- ★ At the beginning of school year or activity
- ★ Often enough to achieve and maintain fluency
- **★** Before times when problem behaviors tend to increase
- **★** Ongoing throughout the year
- **★** At teachable moments

### Where do we teach behavior?

- **★** Where you want the behavior performed
- **★** Everywhere in the school
- **★** Integrated into other academic activities

## Why do we teach behavior skills?

- **★** Behavior skills are necessary for success in life.
- ★ Many students arrive at school without these important skills.
- **★** They are the basis for a positive and safe climate.
- **★** Doing so increases opportunities to teach other skills.

## PBIS: Lesson Plans

The following pages contain lesson plans for:

- 1. All the Time/Everywhere
- 2. Restrooms
- 3. Cafeteria
- 4. Hallways/Breezeways
- 5. Playground
- 6. Before and After School
- 7. Office
- 8. Morning Meeting

## **Everywhere/All the Time**

For best results, teach the behavior where your students are expected to perform it.

### Step 1: Introduce rule

Tell



It is important to be Safe, Respectful and Responsible All the Time. This is important because we want everyone to be a successful student in a safe environment.

Step 2: Introduce examples				
Teach	SAFE	RESPECTFUL	RESPONSIBLE	
Examples of being SAFE are  Examples of being RESPECTFUL are  Examples of being RESPONSIBLE are	<ul> <li>Using the correct voice level.         0=silent, no talking         1=whisper         2=conversation voice         3=public voice/teaching voice         4=playground voice         • Walking on school grounds.         • Using school supplies safely.         • Following directions quickly.</li> <li>Keeping your hands and feet to yourself.</li> </ul>	<ul> <li>Taking care of our school</li> <li>Treating others with kindness</li> <li>Using good manners</li> <li>Following directions quickly</li> <li>Taking off hats indoors</li> <li>Being honest, truthful, and trustworthy</li> <li>Helping others and encouraging them to do their best.</li> <li>Having a good, positive attitude.</li> </ul>	<ul> <li>Being on time to class.</li> <li>Being where you are supposed to be at all times.</li> <li>Doing your best work.</li> <li>Coming to school prepared with materials (backpacks, homework, library books, lunch, planner, pencils) and leaving toys, gum, and candy at home.</li> <li>Coming to school ready to learn.</li> <li>Actively listening and participating in your day.</li> <li>Taking care of yourself.</li> </ul>	

#### Step 3: Introduce non-examples

(teacher model only- not students)

Teach	is Not an example of being SAFE is Not an example of being RESPECTFUL is Not an example being RESPONSIBLE			
is Not an example of being  I'm not being when I	<ul> <li>Using the wrong voice level</li> <li>Running (when not at recess or PE)</li> <li>Using school supplies unsafely</li> <li>Littering Bullying others</li> <li>Not using a respectful tone when talking to all others</li> <li>Distracting others</li> <li>Distracting others</li> </ul>			
St	tep 4: Review <b>examples</b> , briefly			
Ask	<ul> <li>Is an example of being (safe, respectful, responsible)?</li> <li>Am I being (safe, respectful, responsible) when I?</li> <li>Finish this sentence: To be (safe, respectful, responsible) everywhere, all the time, I will</li> <li>Show an example of being (safe, respectful, responsible) when</li> <li>Be safe:</li> </ul>			
	<ul> <li>Is walking an example of being safe? (EXAMPLE)</li> <li>Am I being safe when I am not keeping my hands and feet to myself? (NON-EXAMPLE)</li> <li>Students finish this sentence: To be safe at all times at School, I will</li> <li>Who can tell me one way to be safe at all times at School?</li> </ul>			
	Be respectful:			
	Is being kind to others an example of being respectful?  And the improvement of the Calculus and the littering of the control of the con			
	<ul> <li>Am I being respectful at School when I am littering?</li> <li>To be respectful at all times at School, I will</li> </ul>			
	Show me how we are respectful at all times at school.			
	Be responsible:  Is bringing my homework to school on time an example of being responsible?  Am I being responsible at all times when I am late to class?			
	<ul> <li>To be responsible at all times at School, I will</li> <li>Who can tell me one way of being responsible at all</li> </ul>			

	times at school.  How many rules do we have at school? (3)  What are our 3 rules?		
	Step 5: Student activities		
Model for the students the expected behavior.	Student skit on how to get prepared for school in the morning.		
Lead the students as they practice and expected	Ask students for examples of each rule.		
behaviors	Student skits demonstrating kindness to others, honesty, etc.		
Test the students by asking them to model <b>correct</b>	Practice voice levels.		
examples.	Brainstorm how students can take care of their school.		
	Brainstorm words used when using good manners and being courteous.		
	7. Role-play good manners at recess. (How to join a game, how to share equipment and bars)		
	Brainstorm what it means to come to school prepared to learn.		
	Brainstorm the benefits of doing your best at all times. (Pride, reaching goals)		
	Teacher: Constantly give positive feedback to students when you notice students <b>meeting</b> expectations. Immediately, calmly and privately correct undesired behavior through restating expectation and/or redirecting.		
Step 6: Restate the r	rule		
Tell	It is important to be safe, respectful and responsible EVERYWHERE, ALL THE TIME. This is important because we should be safe, respectful and responsible wherever we go on school grounds.		
Step 7: Sentence Frame Review			
Review	An example of being(safe, respectful, responsible) all the time and everywhere is		
Comments, thoughts or qu	uestions for the next time the lesson is taught:		

#### Focus Lesson Review: Everywhere, All the Time

Expectations for being safe, respectful, and responsible are a way of saying that we will do what we are supposed to do, when we are supposed to do it, even if nobody is looking. When we are safe, we stay where we are supposed to be, leave dangerous items at home and keep our hands, feet and objects to ourselves. Can anyone think of another way to be safe? When we are respectful, we follow directions, use kind words, and treat others the way we would want to be treated. What is another way to show respect to our school and to others? When we show responsibility, we do our best to clean up after ourselves and keep our school clean. Can you think of other ways to show responsibility? School is a safe happy place when we follow the Three "Rs" – Be Safe, Be Respectful, Be Responsible Everywhere, All the Time.

Review of EVERYWHERE, ALL THE TIME Procedures

## Stay in assigned areas

# Keep hands, feet, and objects to yourself



# Leave things that are not permitted at home

## **RESTROOMS**

_				
Step 1: Introduce Rule				
Tell	This is important because where people are conside	respectful and responsible version we want our restrooms to be rate to one another.		
			l	
Teach	Safe	Respectful	Responsible	
Examples of being SAFE are  Examples of being RESPECTFUL are  Examples of being RESPONSIBLE ARE	<ul> <li>Keeping feet on the floor and hands to yourself</li> <li>Washing and drying your hands after going to the bathroom</li> <li>Keeping water in the toilet and sink</li> <li>Putting paper towel in the garbage can</li> </ul>	<ul> <li>Respecting privacy-do not peek over or under stalls</li> <li>Flushing the toilet when you are finished</li> <li>Using a level 2 voice level or lower</li> </ul>	<ul> <li>Using the bathroom for its intended purpose</li> <li>Keeping the bathroom facilities clean</li> <li>Returning promptly to your designated area</li> <li>Reporting problems to an adult</li> <li>Not locking the door and crawling under it</li> </ul>	
Si	tep 3: Introduce <b>exam</b> (The teacher models non-e	ples and non-example examples, not the students!)		
Ask	Is an example of being SAFE?	Is an example of being RESPECTFUL?	Is an example of being RESPONSIBLE?	
Is an example of being?  Am I being when I?	<ul> <li>Running in the bathroom</li> <li>Standing on toilets, sinks, or paper dispensers</li> <li>Not washing your hands</li> </ul>	<ul> <li>Peeking in at others while they are going to the bathroom</li> <li>Using a voice level above level 2</li> <li>Flooding the toilets</li> <li>Littering</li> </ul>	<ul> <li>Hanging out in the bathroom</li> <li>Dropping paper towels on the floor instead of the trashcan</li> </ul>	
	Step 4: Review	examples, briefly		
Ask	responsible)?  • Am I being (safe, res (nonexample)	ds an example of being (s spectful, responsible) whe sentence: To be (safe, res	n I run in the bathroom?	

	<ul> <li>the bathroom, I will</li> <li>Who can tell me one way to be (safe, respectful, responsible).</li> </ul>			
	- Who can tell the one way to be (sale, respectful, responsible).			
	Step 5: Student activities			
Model for the students	T			
the expected behavior.	Practice washing hands, keeping the water in the sink. (2-3 students model)			
Lead the students as they practice and	<ol><li>Practice saying the steps to using the restroom: Go, flush, wash, dry, get back quickly.</li></ol>			
expected behaviors	Teacher: Constantly give feedback to students when you notice			
Test the students by asking them to model <b>correct</b> examples.	students meeting expectations.			
	Step 6: Restate the rule			
Tell	It is important to be safe, respectful and responsible when using the restroom. This is important because we want our restrooms to be clean, safe places where people are considerate to one another.			
	Step 7: Sentence Frame Review			
Review	An example of being(safe, respectful, responsible) while using the restroom is			
Comments, thoughts or	questions for the next time the lesson is taught:			
	Focus Lesson Review: Restroom			
remember that your action	is a private place where you might find yourself alone, we all need to ons in the restroom need to be safe, respectful and responsible. safe by keeping the floor dry. Can someone tell me one way to keep the			

Even though a restroom is a private place where you might find yourself alone, we all need to remember that your actions in the restroom need to be safe, respectful and responsible. Please remember to be safe by keeping the floor dry. Can someone tell me one way to keep the floor dry? What are some other ways to be **safe** in the restroom? Please remember to respect others who use restrooms by keeping the restrooms clean. What is one way we can keep our restrooms clean? How else can we be **respectful** in the restroom? The adults at Washington trust your **responsible** behavior when you spend time in the restroom. One way to be responsible is to report to an adult when there isn't any soap left. Can someone tell me another responsible action? For the next few minutes we are going to talk some more about the Safe, Respectable and Responsible behavior needed in restrooms.

### Review of **RESTROOM** Procedures

Go

Flush



Wash

Dry

Return to class quickly

## **MORNING MEETING**

Step 1: Introduce Rule				
Tell	It is important to be safe, respectful and responsible when in Morning Meeting. This is important because it is a positive start of our day, a time when the whole school gathers together, and a time to listen to important information.			
9	Step 2: Introd	uce Examples		
Teach	Safe	Respectful	Responsible	
Examples of being SAFE are  Examples of being RESPECTFUL are  Examples of being RESPONSIBLE ARE	<ul> <li>When first bell rings, freezing and using a zero voice level</li> <li>Walking at the whistle to your line using a level 1 voice</li> <li>Standing quietly in line using a zero voice level</li> <li>Keeping your hands and feet to yourself</li> </ul>	<ul> <li>Using a zero voice level at the second bell</li> <li>Removing your hat or hood for pledge</li> <li>Freezing in place when the pledge begins</li> </ul>	<ul> <li>Putting play equipment in barrel</li> <li>Being on time to line</li> <li>Actively listening and participating in our pledge and song</li> </ul>	
Si	tep 3: Introduce <b>exam</b> (The teacher models non-e			
Ask	Is an example of being SAFE?	Is an example of being RESPECTFUL?	Is an example of being RESPONSIBLE?	
Is an example of being?  Am I being when I?	<ul> <li>Kicking a ball after the bell</li> <li>Running to your line</li> </ul>	<ul><li>Talking after the second bell</li><li>Leaving your hat on</li></ul>	Being late	
	Step 4: Review <b>examples</b> , briefly			
Ask	<ul> <li>Is walking to my line when the first bell rings an example of being safe?</li> <li>Am I being safe when I am not keeping my hands and feet to myself?</li> <li>Call on students to finish this sentence: To be at Morning Meeting, I will</li> <li>Who can tell me one way to be safe at Morning Meeting?</li> <li>Is being an active listener an example of being respectful?</li> <li>Am I being respectful at Morning Meeting when I am talking to others?</li> <li>To be respectful at Morning Meeting, I will</li> <li>Show me how to be respectful at Morning Meeting.</li> <li>Is participating in the pledge and song an example of being responsible?</li> </ul>			

	<ul> <li>Am I being responsible at Morning Meeting when I am late?</li> <li>To be responsible at Morning Meeting, I will</li> </ul>			
	Who can tell me one way of being responsible at Morning Meeting.			
	Step 5: Student activities			
Model for the students the expected behavior.  Lead the students as they practice and expected behaviors	Student skits showing how to respond at first bell and whistle. Skits demonstrating walking to line, saluting the flag, singing song, and listening to announcements.			
Test the students by asking them to model <b>correct</b> examples.				
correct examples.	Teacher: Constantly give feedback to students when you notice students meeting expectations.			
	Step 6: Restate the rule			
Tell	It is important to be safe, respectful and responsible at Morning Meeting. This is important because we want a positive start of our day.			
	Step 7: Sentence Frame Review			
Review	An example of being(safe, respectful, responsible) during morning meeting is			
Comments, thoughts or	questions for the next time the lesson is taught:			
Our three school rules at Washington are to be Safe, Respectful, and Responsible. This week we will be focusing on our three rules when coming to the Morning Meeting. When I see you freeze after the first bell, you are being safe and respectful. Who can tell me another way to be safe. When you pick up equipment and put it away, you are being responsible. Who can think of another way to be responsible?				

## Review of **MORNING MEETING** Procedures

Freeze at first bell.

Walk to line at whistle.

Remove hat and freeze during pledge.

## **CAFETERIA**

## Step 1: Introduce Rule

Tell



It is important to be safe, respectful and responsible when you use the

Tell	cafeteria. This is importa	espectrul and responsible with because we want our cafind have conversations with	feteria to be a safe and	
9	Step 2: Introduce Examples			
Teach	Safe	Respectful	Responsible	
Examples of being SAFE are  Examples of being RESPECTFUL are  Examples of being RESPONSIBLE ARE	<ul> <li>Walk facing forward in a single line to enter the room and to get your food</li> <li>Use both hands to carry your tray</li> <li>Place the tray on the table before eating</li> <li>Eat and touch your food, only</li> <li>Sit on your bottom with both feet on the floor</li> <li>Keep hands to yourself</li> </ul>	<ul> <li>Use a level 0-2 voice</li> <li>Respect the personal space of others</li> <li>Talk to the people at your table, facing forward</li> <li>Use positive conversation</li> <li>Follow adult instruction</li> <li>Clean up after yourself</li> </ul>	<ul> <li>Know your number and use your card</li> <li>Use utensils at the salad bar and keep handles out of the food</li> <li>Take only one scoop of each food, and take only what you will eat</li> <li>Time all items you want the first (only) time through the line</li> <li>Wait for an adult to dismiss you</li> <li>Clean up after yourself, dump tray and stack it</li> </ul>	
3	tep 3: Introduce <b>exam</b> (The teacher models non-e	examples, not the students!)		
Ask	Is an example of being SAFE?	Is an example of being RESPECTFUL?	Is an example of being RESPONSIBLE?	
Is an example of being?  Am I being when I?	<ul> <li>Running to get the best table</li> <li>Carrying your tray with two hands</li> <li>Touching someone's food</li> <li>Eating on your way to the table</li> <li>Sitting on your feet or knees</li> <li>Pushing in lines</li> </ul>	<ul> <li>Turning around and talking to the people behind you</li> <li>Shouting to a friend to come and sit by you (using higher than a level 2 voice)</li> <li>Making positive conversation</li> <li>Leaving mess on table</li> <li>Not following adult directions</li> </ul>	<ul> <li>Leaving wrappers on the table</li> <li>Taking four scoops of fruit/salad/etc.</li> <li>Raising your hand to be dismissed</li> <li>Cleaning your tray and stacking it</li> <li>Sharing food</li> </ul>	

Step 4: Review <b>examples</b> , briefly				
Ask	<ul> <li>Is an example of being (safe, respectful, responsible)?</li> <li>Am I being (safe, respectful, responsible) when I?</li> <li>Finish this sentence: To be (safe, respectful, responsible) in the cafeteria, I will</li> <li>Show an example of being (safe, respectful, responsible) when</li> </ul>			
	Step 5: Student activities			
Model for the students the expected behavior.  Lead the students as they practice and expected behaviors  Test the students by asking them to model correct examples.	<ol> <li>Enter the cafeteria, single file using a level 2 voice.</li> <li>Practice lining up, single file for the entrée and salad bar.</li> <li>Walk to the table and sit down, facing forward.</li> <li>Practice having a positive conversation: "What did you do last weekend?" "Do you have any pets?" "What's the funniest thing your pet ever did?"</li> <li>Raise hand to be dismissed.</li> <li>Dump tray and stack it.</li> <li>Demonstrate and have students placing (not slam dunking) items into the trashcans.</li> <li>Teacher: Constantly give feedback to students when you notice students meeting expectations.</li> <li>Step 6: Restate the rule</li> </ol> It is important to be safe, respectful and responsible when using the cafeteria. This is important because we want our cafeteria to be a safe.			
	cafeteria. This is important because we want our cafeteria to be a safe and comfortable place to eat and have conversations with our friends.			
	Step 7: Sentence Frame Review			
Review	An example of being(safe, respectful, responsible) while using the cafeteria is			
Comments, thoughts or questions for the next time the lesson is taught:				
Focus Lesson Review: Cafeteria				
Maaltimaaaanaahart	Model time and a bound and the area are are an area to be a served. It is instructed to be a set or a constitut			

Meal times are short and there are many people to be served. It is important to be safe, respectful and responsible in the cafeteria so that everyone can enjoy meal time in a comfortable and enjoyable setting. Walking and being aware of others around you are examples of being safe in the cafeteria. What other ways can we be safe in the cafeteria? Saying, "please" to the server is a way to be respectful. Can you think of other ways to be respectful when you eat breakfast of lunch? Cleaning up after yourself is very responsible; but there are other things you can do too. What are they? You are brilliant about knowing how to be safe, respectful and responsible in the Cafeteria!

### Review of **CAFETERIA** Procedures



## Walk

Both hands on tray

Sit facing forward

Positive conversations
Clean up after self

#### HALLWAYS AND BREEZEWAYS

#### Step 1: Introduce Rule It is important to be safe, respectful and responsible when using the Tell HALLWAYS AND BREEZEWAYS. This is important because we want to travel from place to place safely and to be quiet and respectful of others who are working in their offices and classrooms. Step 2: Introduce Examples Teach Safe Respectful Responsible Examples of being Walk on the right Use a level 0-1 Stay on the SAFE are side of the hall or walkway voice breezeway, facing Hold doors open for Keep hallways forward clean Examples of being others Keep hands, feet Use kind and Return to class in a **RESPECTFUL** are and objects to respectful language timely fashion vourself Respect personal Take what you Keep you head up space need when aoina to Examples of being and look where you your destination **RESPONSIBLE** ARE Allow others to Treat others' are going pass, keeping Be aware of doorwavs belongings with accessible to others "danger zones" respect around doors Walk with hands to your side without touching walls Step 3: Introduce examples and non-examples (The teacher models non-examples, not the students!) an example of an example of an example of Ask being SAFE? being RESPECTFUL? being RESPONSIBLE? Walking Talking above Dropping a an example of backwards level 1 wrapper in the hall being ? Bumping into Slowly meandering Keeping your Am I being head up and someone on back to class when looking where you Not keeping track l ? purpose are going Allowing others to of belongings Swinging your pass coat or backpack Walking with your Walking on the left hands to your side side of the hall Step 4: Review examples, briefly

in offices and classrooms as we pass by.

Ask	Is an example of being (safe, respectful, responsible)?		
	Am I being (safe, respectful, responsible) when I?		
	Finish this sentence: To be (safe, respectful, responsible) in the		
Ö	hallway or breezeway, I will		
	Show an example of being (safe, respectful, responsible) when		
	Step 5: Student activities		
	Cop or Clausin dollings		
Model for the students	Practice walking on the right side of the hall and breezeway,		
the expected behavior.	showing students the "danger zones" marked around doors.		
	Practice using a level 0-1 voice		
Lead the students as	Practice keeping your hands to your side		
they practice and	Practice walking with your head up, looking where you are going		
expected behaviors	5. Practice thinking about what you will need in the place you are		
expected benaviors	going: pencil, notebook, jacket, and take those items with you		
Toot the offidents by	going. pendi, notebook, jacket, and take those items with you		
Test the students by asking them to model	Teacher: Constantly give feedback to students when you notice		
correct examples.	students meeting expectations		
correct examples.	Stadents meeting expectations		
	Cton 6: Postato the rule		
	Step 6: Restate the rule		
Tall	It is important to be safe, respectful and responsible when using the		
Tell			
hallways and breezeway. This is important because we want to travel			
	from place to place safely and to be quiet and respectful of others who are		
	working in their offices and classrooms.		
	Step 7: Sentence Frame Review		
Review	An example of being(safe, respectful, responsible) while using the		
Review	hallway and breezeway is		
Commonte the contra			
Comments, thoughts or o	questions for the next time the lesson is taught:		
	Focus Losson Deviews Hellways and Prograway		
	Focus Lesson Review: Hallways and Breezeway		
Our three school	I rules are to Be Safe, Be Respectful, Be Responsible. What are our rules?		
This week we will be reviewing why it is important to follow these rules in the hallway and			
	ant to be safe, respectful, and responsible in the hallway and breezeways		
	el safely from place to place; and to be respectful of others who are working		
because we want to trav	er sarety from place to place, and to be respectful of others who are working		

## Review of HALLWAY AND BREEZEWAY Procedures

safe, respectful, and responsible in the hallway and breezeways.

to be safe? When we walk in the hall we use quiet voices to be respectful. Can someone tell me another way to be respectful? We also return to class in a timely fashion to be responsible. Who can think of another way to be responsible? Let's all work together this week and remember to be

When we are in the hall we walk on the right side to be safe. Can you think of another way

## Walk on the right

Face forward

Hands to your side

Level 0-1 voices



## **PLAYGROUND**

Step 1: Introduce Rule			
Tell	It is important to be safe, respectful and responsible when using the <b>PLAYGROUND</b> so that everyone can feel safe and enjoy recess.		
3	Step 2: Introd	luce Examples	
Teach	Safe	Respectful	Responsible
Examples of being SAFE are  Examples of being RESPECTFUL are  Examples of being RESPONSIBLE ARE	<ul> <li>Go down the slide feet first</li> <li>Stay within boundaries where adults can see you</li> <li>Keep hands, feet and objects to self unless playing a game that requires</li> <li>Walk on blacktop</li> <li>Run on grassy areas, only</li> <li>Get permission before leaving playground</li> <li>Freeze at bell and walk at whistle using level 1 voice</li> </ul>	<ul> <li>Include everyone</li> <li>Share equipment</li> <li>Follow the rules of the game</li> <li>Use kind, positive words when talking</li> </ul>	<ul> <li>Freeze at the bell</li> <li>Walk at the whistle</li> <li>Line up and wait quietly for the teacher</li> <li>Return equipment to the barrels</li> <li>Encourage others to follow rules: "Be a Bucket Filler"</li> <li>Use bathrooms and water fountains during recess</li> </ul>
S		ples and non-example examples, not the students!)	
Ask	Is an example of being SAFE?	Is an example of being RESPECTFUL?	Is an example of being RESPONSIBLE?
Is an example of being?  Am I being when I?	<ul> <li>Going backwards on the slide</li> <li>Playing where adults can see you</li> <li>Running on the blacktop</li> <li>Going behind trees and buildings</li> <li>Hitting/hurting someone</li> </ul>	<ul> <li>Including a classmate in a game</li> <li>Grabbing the ball from someone</li> <li>Refusing to share a ball</li> <li>Name calling</li> </ul>	<ul> <li>Continuing to play when the whistle blows</li> <li>Dropping your equipment on the ground and walking to the line</li> <li>Picking up a jump rope and putting it in the bucket</li> </ul>
Step 4: Review <b>examples</b> , briefly			

Ask	<ul> <li>Is an example of being (safe, respectful, responsible)?</li> <li>Am I being (safe, respectful, responsible) when I?</li> <li>Finish this sentence: To be (safe, respectful, responsible) on the playground, I will</li> <li>Show an example of being (safe, respectful, responsible) when</li> </ul>	
	Step 5: Student activities	
Model for the students the expected behavior.  Lead the students as they practice and expected behaviors  Test the students by	<ol> <li>Demonstrate sliding down the slide feet first</li> <li>Walk the boundaries of the playground</li> <li>Role play "Include Everyone" at recess</li> <li>Role play sharing a ball</li> <li>Practice freezing at the bell and walking at the whistle</li> <li>Practice putting a piece of equipment in the bucket</li> </ol>	
asking them to model correct examples.	Teacher: Constantly give feedback to students when you notice students meeting expectations.	
	Step 6: Restate the rule	
Tell  It is important to be safe, respectful and responsible when using the playground so that everyone can be safe and have fun.		
	Step 7: Sentence Frame Review	
Review	An example of being(safe, respectful, responsible) while using the playground is	
Comments, thoughts or	questions for the next time the lesson is taught:	
	Focus Lesson Review: Playground	
Safe, Be Respectful and	ing the playground, we want to remember the three important rules: Be Be Responsible. Let's talk about some examples. When we walk on the fe in an area that could hurt us if we fall. Give some other examples of	

of being responsible on the playground.

being safe on the playground. It is respectful to include everyone when playing a game. What are some other ways of being respectful on the playground? When the bell rings, we stop and freeze. When the whistle blows we walk to the line and wait quietly for the teacher. Name some other ways

#### Review of **PLAYGROUND** Procedures

## Stay within boundaries



Include everyone

Freeze at the bell

Walk at the whistle

Return equipment to barrels

## **BEFORE AND AFTER SCHOOL**

Step 1: Introduce Rule				
Tell	It is important to be safe, respectful and responsible when coming to school or leaving school. This is important because we want everyone to arrive and leave on time safely.			
9	Step 2: Introd	luce Examples		
Teach	Safe	Respectful	Responsible	
Examples of being SAFE are  Examples of being RESPECTFUL are  Examples of being RESPONSIBLE ARE	<ul> <li>Meeting your parent or after school provider at the appointed place</li> <li>Walking in hallways and on blacktop area in between classrooms</li> <li>"Walking your wheels" until you are off of school grounds</li> <li>Using your backpack in an appropriate ways</li> </ul>	<ul> <li>Following school rules before and after school</li> <li>Keeping hands, feet and objects to yourself</li> <li>Keeping campus clean</li> </ul>	<ul> <li>Arriving on time</li> <li>Making after school plans with parents in advance</li> <li>Keeping track of your personal belongings</li> <li>Wiping feet (heel to toe 2 times) on the mat when entering a room</li> <li>Go directly to designated pick-up spot or bus line after school</li> </ul>	
Si	Step 3: Introduce <b>examples</b> and <b>non-examples</b> (The teacher models non-examples, not the students!)			
Ask	Is an example of being SAFE?	Is an example of being RESPECTFUL?	Is an example of being RESPONSIBLE?	
Is an example of being?  Am I being when I?	<ul> <li>Running up to the front door</li> <li>Following the supervisor in a line, walking on the sidewalk</li> <li>Riding your bike on the sidewalk</li> <li>Not meeting parents at appointed place</li> <li>Running in the hallways</li> <li>Swinging your backpack</li> </ul>	<ul> <li>Pushing and shoving</li> <li>Throwing trash on the ground</li> <li>Being late to class</li> </ul>	<ul> <li>Wiping shoes on the mat when entering a room</li> <li>Getting to school by 8:08!</li> <li>Using the phone to make after school arrangements</li> <li>Not keeping track of personal belongings (coats, backpacks, etc.)</li> </ul>	

Step 4: Review <b>examples</b> , briefly				
Ask	<ul> <li>Is an example of being (safe, respectful, responsible)?</li> <li>Am I being (safe, respectful, responsible) when I?</li> <li>Finish this sentence: To be (safe, respectful, responsible) when I arrive at school or leave school, I will</li> <li>Show an example of being (safe, respectful, responsible) when</li> </ul>			
	Step 5: Student activities			
Model for the students the expected behavior.  Lead the students as they practice and expected behaviors  Test the students by asking them to model correct examples.	1. Demonstrate waiting under the covered area, talking quietly in line 2. Practice walking from the covered area down the sidewalk into the front entryway of the school 3. Demonstrate and practice wiping feet on the door mat in the front entry way. Wipe heel to toe two times on each foot. 4. Demonstrate and practice getting on the right side of the hallway to walk down the hall.  Teacher: Constantly give feedback to students when you notice students meeting expectations.  Step 6: Restate the rule  It is important to be safe, respectful and responsible when coming to school and when leaving school. This is important because we want everyone to arrive and leave on time safely.  Step 7: Sentence Frame Review			
Paviou	An example of being(safe, respectful, responsible) when coming to			
Review	school is An example of being (safe, respectful, responsible) when leaving school is			
Comments, thoughts or questions for the next time the lesson is taught:				

### Focus Lesson Review: Before and After School

Our three school rules at Washington are to Be Safe, Be Respectful and Be Responsible. Who can tell me the three rules? Let's say them together: "Be Safe, Be Respectful and Be Responsible."

This week we will be focusing on our three rules when coming to school and leaving school. When I see you walk on school grounds, you are being safe. Who can tell me another way to be safe? When I see you talking quietly in the halls, you are being respectful. Who can tell me another way to be respectful? When I will see you arriving on time, you are being responsible! Who can tell me another way to be responsible?

## Review of **BEFORE AND AFTER SCHOOL** Procedures



Arrive by 8:08 Wait in cafeteria until 7:45 Freeze at the first bell Walk at the whistle Line up with class at morning meeting Leave campus in an orderly way

## **LIBRARY**

Step 1: Introduce Rule				
Tell	It is important to be safe, respectful and responsible when using the <b>LIBRARY</b> . This is important because we want students to be safe and to show care when using books and other materials in the library.			
0	Step 2: Introd	uce Examples		
Teach	Safe	Respectful	Responsible	
Examples of being SAFE are  Examples of being RESPECTFUL are  Examples of being RESPONSIBLE ARE	<ul> <li>Enter only when an adult is present</li> <li>Walk in the library</li> <li>Stay in assigned library area</li> </ul>	<ul> <li>Use an indoor voice</li> <li>Follow the directions of library teacher and supervisors</li> <li>Handling book gently</li> </ul>	<ul> <li>Handle books with care</li> <li>Leave library as you found it</li> <li>Return immediately to assigned area</li> <li>Leave backpacks in classroom, unless otherwise directed by an adult</li> </ul>	
Step 3: Introduce <b>examples</b> and <b>non-examples</b> (The teacher models non-examples, not the students!)				
Ask	Is an example of being SAFE? Is an example of being RESPECTFUL? Is an example of being RESPONSIBLE?			
Is an example of being?  Am I being when I?	<ul> <li>Entering when no adult is in the library</li> <li>Walking in the library</li> <li>Leaving your assigned area</li> <li>Running to get the best place to sit</li> </ul>	<ul> <li>Yelling</li> <li>Refusing to follow directions</li> <li>Using an indoor voice</li> <li>Handling book gently</li> </ul>	<ul> <li>Throwing a book</li> <li>Leaving paper scraps on the floor</li> <li>Leaving backpacks in the classroom</li> <li>Peeking in the Computer Lab</li> </ul>	
Step 4: Review <b>examples</b> , briefly				
<ul> <li>Is an example of being (safe, respectful, responsible)?</li> <li>Am I being (safe, respectful, responsible) when I ?</li> <li>Finish this sentence: To be (safe, respectful, responsible) when I am visiting the Library, I will</li> <li>Show an example of being (safe, respectful, responsible) when</li> </ul>				

Step 5: Student activities				
Model for the students the expected behavior.  Lead the students as they practice and expected behaviors  Test the students by asking them to model correct examples.  1. Demonstrate how to walk into the library through the north door 2. Show how sit in the assigned area 3. Demonstrate the volume of an "indoor voice" 4. Show how to handle books with care 5. Model how to follow directions the first time given  Teacher: Constantly give feedback to students when you notice students meeting expectations.				
	Step 6: Restate the rule			
Tell  It is important to be safe, respectful and responsible in the Library. This is important because we want students to be safe and to show care when using books and other materials in the library.  Step 7: Sentence Frame Review				
Review	An example of being(safe, respectful, responsible) when visiting the Library is			
Comments, thoughts or questions for the next time the lesson is taught:  Focus Lesson Review: Library				

It is important to be safe, respectful and responsible in the Library so that everyone can enjoy the books, materials and lessons that are provided there. To be safe, we will walk in the library. What are other ways to be safe? To be respectful, we will listen and follow directions the first time. How else can you be respectful? When we leave we will be responsible by putting things away and leaving the Library as we found it. What are some other ways you can be responsible in the Library?

## Review of **Library** Procedures

## Enter when adult present

Walk in library

# Level 0-1 Voices Follow directions Handle books with care



## **INDOOR RECESS**

Step 1: Introduce Rule				
Tell	It is important to be safe, respectful and responsible during <b>INDOOR RECESS</b> . When the weather is bad, students need a break to enjoy one another in a safe, comfortable environment.			
9	Step 2: Introd	luce Examples		
Teach	Safe	Respectful	Responsible	
Examples of being SAFE are  Examples of being RESPECTFUL are  Examples of being RESPONSIBLE ARE	<ul> <li>Stay in the classroom unless you have permission to leave</li> <li>Walk in the classroom</li> <li>Do not throw balls or other objects</li> </ul>	<ul> <li>Follow the rules of the game</li> <li>Be polite:         <ul> <li>"Please," "Thank you," "Excuse me"</li> </ul> </li> <li>Use an indoor voice: level 2 or lower</li> <li>Take care of games and materials</li> <li>Include everyone</li> <li>Share games and materials</li> </ul>	<ul> <li>Quickly choose something to do: read a book, play a game, practice spelling words</li> <li>Put games and materials away (as you found them) before moving to a new activity</li> <li>Follow the directions of the monitors</li> </ul>	
		ples and non-example examples, not the students!)		
Ask	Is an example of being SAFE?	Is an example of being RESPECTFUL?	Is an example of being RESPONSIBLE?	
Is an example of being?  Am I being when I?	<ul> <li>Throwing game pieces around</li> <li>Fighting over the possession of a game</li> <li>Leaving the room without permission</li> </ul>	<ul> <li>Using a voice above level 2</li> <li>Saying "Thank you"</li> <li>Excluding someone from a game</li> <li>Being a good sport</li> <li>Breaking the boxes the games go in</li> </ul>	<ul> <li>Refusing to follow the monitor's directions</li> <li>Putting the games away neatly</li> <li>Teaching someone how to play a game</li> <li>Walk around the room bugging people</li> </ul>	

Step 4: Review <b>examples</b> , briefly				
Ask	<ul> <li>Is an example of being (safe, respectful, responsible)?</li> <li>Am I being (safe, respectful, responsible) when I?</li> <li>Finish this sentence: To be (safe, respectful, responsible) during Indoor Recess, I will</li> <li>Show an example of being (safe, respectful, responsible) when</li> </ul>			
	Step 5: Student activities			
Model for the students the expected behavior.  Lead the students as they practice and expected behaviors  Test the students by asking them to model correct examples.  1. Demonstrate how to choose a game and invite someone to play 2. Role play choosing a book to read and a cozy place to sit 3. Practice using an "indoor voice" (level 2 or below)  4. Role play following the directions of the monitor  5. Role play cleaning up and putting things away  Teacher: Constantly give feedback to students when you notice students meeting expectations.				
Step 6: Restate the rule				
Tell	It is important to be safe, respectful and responsible during Indoor Recess. When the weather is bad, students need a break to enjoy one another in a safe, comfortable environment.			
	Step 7: Sentence Frame Review			
Review	An example of being(safe, respectful, responsible) during Indoor Recess is			
Comments, thoughts or questions for the next time the lesson is taught:				
Focus Lesson Review: Indoor Recess				
Let's review what being safe, respectful and responsible looks like during Indoor Recess.  Being safe means students must walk in the classroom. What are some more examples of being safe during Indoor Recess? When you are being respectful, you make sure you include everyone and follow the rules of the game. How else can you be respectful? A student who is being responsible puts games and materials away, just as they found them. Give me some more examples of being responsible during Indoor Recess. Remember it is important to follow these rules to have a pleasant, enjoyable safe indoor recess. Please follow our school rules and have fun!				

## Review of Indoor Recess Procedures

## Choose a book or game



## Stay in the room

## Use a level 2 voice level or lower

Follow directions

Put things away

## **OFFICE**

Step 1: Introduce Rule				
Tell	It is important to be safe, respectful and responsible in the <b>Office.</b> This is important because the Office needs to be a safe place for students, parents and staff to conduct business and take care of health issues.			
9	Step 2: Introd	uce Examples		
Teach	Safe	Respectful	Responsible	
Examples of being SAFE are  Examples of being RESPECTFUL are  Examples of being RESPONSIBLE ARE	<ul> <li>Students, stay on front side of counter/desk</li> <li>Stand inside office</li> <li>Avoid blocking doorways</li> <li>Keep hands to yourself and away from equipment</li> </ul>	<ul> <li>Wait quietly and patiently for your turn</li> <li>State your purpose clearly</li> <li>Use polite words and actions</li> <li>Follow directions</li> <li>Mind your own business</li> </ul>	<ul> <li>Come to the Office/Health Room only for business, health issues or emergencies</li> <li>Use a pass and state your business</li> </ul>	
S	Step 3: Introduce <b>examples</b> and <b>non-examples</b> (The teacher models non-examples, not the students!)			
Ask	Is an example of being SAFE?	Is an example of being RESPECTFUL?	Is an example of being RESPONSIBLE?	
Is an example of being?  Am I being when I?	<ul> <li>Staying on the front side of the counter or desk</li> <li>Hitting, kicking or throwing things</li> <li>Keep hands to yourself and away from equipment</li> </ul>	<ul> <li>Using polite         words and actions</li> <li>Yelling and         swearing</li> <li>Refusing to leave         the office</li> <li>Waiting patiently</li> <li>Following directions</li> <li>Demanding rather         than asking</li> </ul>	<ul> <li>Having a pass</li> <li>Coming to the office without permission</li> <li>Saying you weren't feeling well to avoid a math test</li> <li>Hanging out in the office because the people are fun</li> <li>Asking to use phone for play dates</li> </ul>	
Step 4: Review <b>examples</b> , briefly				
<ul> <li>Is an example of being (safe, respectful, responsible)?</li> <li>Am I being (safe, respectful, responsible) when I?</li> <li>Finish this sentence: To be (safe, respectful, responsible) when I go to the Office/Health Room, I will</li> <li>Show an example of being (safe, respectful, responsible) when</li> </ul>			n I? responsible) when I go to	

	Step 5: Student activities		
Model for the students	Demonstrate asking for a tardy slip on other side of desk		
the expected behavior.	Show how to present a pass and state your business (need to call home for important reason, don't feel well, reporting glass on the		
Lead the students as	playground, found a ring in the bathroom)		
they practice and	Role play waiting patiently without interrupting		
expected behaviors	<ul><li>4. Show how to interrupt politely if you have an emergency</li><li>5. Demonstrate coming inside the office without blocking the doorway</li></ul>		
Test the students by asking them to model			
correct examples.	Teacher: Constantly give feedback to students when you notice students meeting expectations.		
Step 6: Restate the rule			
Tell  It is important to be safe, respectful and responsible in the Office and Nurse's Room. This is important because the Office and Nurse's Room needs to be a safe place for students, parents and staff to conduct business and take care of health issues.			
Step 7: Sentence Frame Review			
Review	An example of being(safe, respectful, responsible) in the Office/Health Room is		
Comments, thoughts or questions for the next time the lesson is taught:			
Focus Lesson Review: Office			

The Office is a small area that must accommodate students, parents and staff for business and health issues. It is important that it be a safe place where people are respectful and responsible. One way to be safe is to stand inside the office without blocking the door. What are some other ways to be safe in the Office? It is respectful to wait until the office staff is off the phone before stating your business. What other ways can we show respect in the Office Room? It is responsible to use a pass when visiting the Office during the school day. Give some more examples of ways to be responsible when visiting the Office Room?

## Review of Office/Health Room Procedures

Use a pass
Use a Level O or 1 voice
Be polite
State your business
Follow directions
Avoid blocking doorway
Sit on chairs appropriately



Section

4

## System for Encouraging Desired Behavior

## Reinforcement Menu

R

esearch by Rath & Clifton (2004) indicates that individuals who receive regular recognition and praise

- Increase their individual productivity.
- Are more likely to stay with their organization.
- Receive higher loyalty and satisfaction.
- Have better safety records

Small	Medium	Large
<ul> <li>Say "Thank you"</li> <li>Star sticker</li> <li>Verbal</li> <li>Pat on shoulder</li> <li>Smile</li> <li>Praise</li> <li>High five</li> <li>Listen to them</li> <li>Notice them</li> <li>Note to student</li> <li>Points toward class reward</li> <li>Marble jar</li> <li>Hugs</li> <li>Eye contact w/thumbs up</li> </ul>	<ul> <li>WOW card</li> <li>Teacher note to the parents</li> <li>Teacher phone call to parents</li> <li>Give them time</li> <li>Pay attention</li> <li>Eye contact</li> <li>Teacher's helper</li> <li>Line leader</li> <li>Extra game</li> <li>Extra recess or choice time</li> <li>School supplies</li> <li>Lunch with principal or counselor</li> <li>Homework pass</li> </ul>	<ul> <li>Principal phone call</li> <li>Commendation letter from principal</li> <li>Positive referral to the office</li> <li>Raffle prizes</li> <li>Lunch leader</li> <li>Coupons for reward items</li> <li>School supplies</li> <li>Special computer time</li> <li>Party</li> </ul>
Acknowledge in front of others	Positive notes	

Refer to this Reinforcement Menu for ideas of how to recognize and reward students for following the rules on the matrix with small, medium, and large rewards.

## Our Reinforcement Coupon:

## WOW Card

## How to use WOW cards:

- 1. Name of coupon: Washington Otter Way (WOW Card)
- 2. Who can give the coupons out?
  - ★ Any adult who has been trained in PBIS use of reinforcements.
  - ★ Any adult can give it to any student outside of their classroom.
  - ★ Teachers need their own classroom management system.

## 3. How many are given out at one time?

★ One ticket at a time (never more than 1 ticket per action).

## 4. Who are they given to?

- ★ Any student who is demonstrating any behaviors that is safe, respectful, or responsible.
- ★ Staff will not give tickets to students who ask for them.

## 5. What may students do with the WOW coupon?

- ★ Students may enter their coupons in the weekly or monthly drawing for prizes.
- ★ Student writes his/her name and room number on the back of the WOW coupon.
- ★ There will be a coupon bucket on the playground, cafeteria and office marked with either upper grade or primary.
- ★ Drawings will be on random days, once a week.
- ★ Students may save 10 tickets and staple together to be entered in monthly drawings.

Scripts for Encouraging Desired Behavior
--

1.	Thank you for (specific behavior). It shows that you have been
(S	afe, Respectful or Responsible).
`	
2.	Thank you for (specific behavior). That's a great example of being (SRR).
3.	I really appreciate how you That's a wonderful example of being (SRR).
	By being (specific behavior) in the library you show a good example of being (SRR).
5.	Thank you, (name) for (specific behavior). That's showing (SRR).
	Thank you, (name) for (specific behavior). You're showing a good example of being (SRR).

We never reward kids, we reward behaviors:

- ★ Bribery is an inducement to do something illegal, unethical, and immoral.
- ★ Manipulation: If adults are rewarding students for being still or quiet, that is not good for kids. WOW cards reinforce the specific behaviors we want to see for safe, respectful, responsible behavior.
- ★ Reinforcement is appropriate at school when it helps kids become successful at life.

## Section 5

## System for Discouraging Undesired Behavior

ur goal is to use positive feedback and acknowledgement when students follow the rules, and corrective feedback and consequences when they are not following the rules. We want to use rule violations as an opportunity to teach correct behavior and increase students' repertoire of possible appropriate responses.

## Correction Menu

Refer to the Correction Menu for suggestions on how to respond to different levels of misbehavior. These levels are also articulated on the Washington Elementary Behavior Tracking Form.

## Procedures for Correcting Rule Violations

### CORRECTIVES MENU

CORRECTIVES MENU				
SMALL	MEDIUM	LARGE		
gentle redirection	reteach expectation	suspension:out of school/in school		
reminder of rules	referral-pink slip	expulsion		
visual icon for rules	alternate placement	law enforcement contact		
questioning-are you being safe?	loss of recess	SST		
Warning	phone call	behavior contract		
teacher "look"	trash pick-up	principal, parent, student conference		
circling/close proximity	letter of apology	daily note		
humor	student conference	health plan		
peer support	take away/loss of privilege	referrals to outside agency		
acknowledge positive behavior	visit with principal	CAP		
as an example	note home/daily note	home visit		
point to anyone still talking	think sheet to problem solve	shortened day		
silent signals	home visit	alternate placement for activities		
attention getter	relationship building	relationship building		
switching seats	parent shadow	check in/check out		
practice behavior	check in/check out (support)			

## LEVEL ONE

Definition Examples	Procedures
1. Do not require administrator involvement  and  2. Are not more than a minor disruption to the learning environment  and  4. Are not chronic (occur less than 3x per week)  and  5. Are low severity and low frequency  and  and  compliance/not following directions  Crying or whining  Using inappropriate level of voice  Lack of work or unprepared to work  Talk outs/chatting  Not paying attention in class  Using inappropriate language (not directed towards a person)  Wearing hats  Gum  Note-writing  Tru  Tu  2. D  Crying or whining  Using inappropriate language (not directed towards a person)  Wearing hats  Gum  Note-writing  Tardy	escribe expected chavior se Small (Level 1) orrective Menu: Redirect to task Reteach ifferential Reinforcement ig neg. behav., but reinforcing what you want) Nonverbal cue to task Notice Hand on shoulder Proximity k you for (desired behavior) The look Choices, etc. ese behaviors may be tumented in the estroom, but not on a navior Tracking Form.

## LEVEL TWO

## LEVEL THREE

Definition	Examples	Procedures
Behaviors that are DIMM:  1. Pose a <u>Danger</u> to themselves and/or others  or  2. Are <u>Illegal</u> or  3. Are a <u>Major</u> Disruption to the Learning Environment  or  4. Are Chronic Level Two Behaviors (2x/wk+)	<ul> <li>See list of <u>Definitions of Major Behaviors</u></li> <li>Possessing weapon or look-alike weapon</li> <li>Drugs, alcohol, and/or tobacco</li> <li>Student makes a specific and credible (target/method) threat to others</li> <li>Making credible threats of suicide</li> <li>Purposefully hitting physically hurting a teacher or student</li> <li>Throwing potentially dangerous objects at others</li> <li>Self-inflicting wounds</li> <li>Spitting on or biting another person</li> <li>Racial, ethnic, religious, or sexual harassment</li> <li>Bullying</li> <li>Vandalism that results in serious or permanent damage</li> <li>Any act of fire starting, arson or any knowledge of playing with fire, matches, etc.</li> <li>Stealing</li> </ul>	<ol> <li>Always complete Behavior Tracking Form</li> <li>Contact Office Immediately</li> <li>Student Escorted by Adult to Principal</li> <li>Referring person sends completed Behavior Tracking Form with escort.</li> <li>Parent Contact</li> <li>Administrative Options include:         <ul> <li>SST</li> <li>Suspension</li></ul></li></ol>

Our

goal

is to maximize instructional time. Students will go to the office if there is a serious safety threat or disruption. For other incidents, students may be sent later in the day but <u>not</u> during instructional time.

Students will always be escorted to the office when they DIMM (Level <u>Three</u> Behaviors):

- 1. When they are a  $\underline{\mathbf{D}}$  anger to themselves or others
- 2. When there is <u>Illegal</u> behavior

3. When they are creating a  $\underline{\mathbf{M}}$  oderate/ $\underline{\mathbf{M}}$  ajor disruption to the learning environment

## Scripts for Correction

## "Thank You for Desired Behavior"

Try this: When a student is not meeting expectations, such as wearing a hat in the cafeteria, the adult can say, "Thank you for taking your hat off," looking at the student, smiling and walk away. Stop and look back. If the student has the hat off, you can say or mouth "Thank you."

Try this: When a student is yelling in the library, the teacher can find another student nearby who is not yelling and can say, "Thank you for using an indoor voice." If the first student then starts using an indoor voice, the adult can say "Thank you for using an indoor voice."

## Script for "Reteach"

Try this: A student is talking during a lesson. The adult gives a reminder of the rule, "Please show respect by paying attention to the lesson. Attention means being silent and listening." If active ignoring is not working, then teacher can say, "I expect that all the students will show respect by giving full attention to this lesson. Attention means that students are listening and silent during the lesson. We will discuss this lesson together at a later point, if we need to. (Students name), what does giving attention to a lesson mean?" Student answers. Adult says, "Thank you, I am glad that we all understand this now."

## Script for Correction Cycle

- 1. What are the rules?
- 2. Was your behavior safe, respectful, and responsible?
- 3. What do you need to do?
- 4. Are you willing to do that? (if unwilling first time, it's then defiant)

## Scripts for Redirecting:

"What are you supposed to be doing right now? (Student is playing with sharpener and was directed to take out a book.)

- "We are on page 3, please read the first paragraph out loud" (Student's book fell on the floor and she is lost.)
- "Laura, please go to the board and show us how to do problem #12." (Laura KNOWS how to work the problem. We wouldn't ask her to go to the board if she couldn't work the problem. She was visiting with a neighbor. The teacher is attempting to engage her again.)
- Stand next to student and point to where you are in the book or on the page. (It is apparent that the student is on the wrong page.)
- "Stop. Look at me. What should you be doing right now?" (Student may have been directed once already but is still not following directions.)
- "Where are you supposed to be right now? Are you there? So what do you need to do now?"

(Student is out of her seat and may be disrupting others. The teacher may be repeating an earlier direction.)

## Does Punishment Work?

- 1. It is only effective in the presence of the punishing agent.
  - Increased Covertness: When the adults are not present, then the students act out.
- 2. It requires greater resources to be effective:

Results in increasing severity spiral, and requires constant vigilance.

3. It may produce unintended negative consequences:

Damage to relationship, anger and aggression, "mean world" syndrome.

4. You get more of what you pay attention to.

Pay attention to desired behavior more often than undesired behavior.

## Schools & Risk Factors

Research by Roy Mayer and Beth Sulzer-Azaroff (1991, 1995) indicates that schools that only use a punishment-based behavior management system have increased rates of:

AGGRESSION

VANDALISM

TARDINESS

TRUANCY

## Section 6

## **Databased Decision Making**

## What is SWIS™?

he School-Wide Information System (SWIS) is a web-based information system designed to help school personnel to use Behavior Tracking Form data to design school-wide and individual student interventions. The three primary elements of SWIS<sup>TM</sup> are:

- an efficient system for gathering information
- a web-based computer application for data entry and report generation
- a practical process for using information for decision making

These three elements give school personnel the capability to evaluate individual student behavior, the behavior of groups of students, behaviors occurring in specific settings, and behaviors occurring during specific time periods of the school day. SWIS<sup>TM</sup> reports indicate times and/or locations prone to elicit problem behaviors, and allow teachers and administrators to shape school-wide environments to maximize students' academic and social achievements.

## EVERY MONTH WE LOOK AT THE BIG 6

- 1. Average Referrals per day per month
- 2. Referrals by Problem Behavior Report
- 3. Referrals by Location Report
- 4. Referrals by Time Report
- 5. Referrals by Student Report
- 6. Referrals by Grade Level

Minor Problem Behavior	Definition
Inappropriate verbal language	Low intensity instance of inappropriate language
Physical contact Defiance/disrespect/ Non-compliance	Non-serious, but inappropriate physical contact  Brief or low-intensity failure to respond to adult requests
Disruption	Low-intensity, but inappropriate disruption
Property misuse	Low-intensity misuse of property
Other	Any other minor problem behaviors that do not fall within the above categories

Definitions for Behavior Tracking Form

Major Problem Behavior	Definition
Abusive language/ inappropriate language/profanity	Verbal messages that include swearing, name calling or use of words in an inappropriate way.
Alcohol	Student is in possession of or is using alcohol
Arson	Student plans and/or participates in malicious burning of property.
Bomb threat/ False alarm	Student delivers a message of possible explosive materials being on-campus, near campus, and/or pending explosive.
Property misuse	Student is in possession of substances/objects readily capable of causing bodily harm and/or property damage (matches, lighters, firecrackers, gasoline, lighter fluid).

Major Problem Behavior	Definition
Defiance/disrespect/ insubordination/ non-compliance	Refusal to follow adult directions, talking back and/or socially rude interactions.
Disruption	Behavior causing an interruption in a class or activity. Disruption includes sustained loud talk, yelling, or screaming; noise with materials; horseplay or roughhousing; and/or sustained out-of-seat behavior.
Dress Code Violation	Student wears clothing that does not fit within the dress code guidelines practiced by the school district.
Fighting/ physical aggression	Actions involving serious physical contact where injury may occur (e.g. hitting, punching, hitting with an object, kicking, hair pulling, scratching, etc.)
Forgery/theft	Student is in possession of, having passed on, or being responsible for removing someone else's property or has signed a person's name without that person's permission.
Harassment/bullying	Student delivers disrespectful messages (verbal or gestural) to another person that includes threats and intimidation, unwanted physical contact, obscene gestures, pictures, or written notes. Disrespectful messages include negative comments based on race, religion, gender, age, and/or national origin; sustained or intense verbal attacks based on ethnic origin, disabilities or other personal matters.
Lying/Cheating	Student delivers message that is untrue and/or deliberately violates rules.
Other	Problem behavior causing this referral is not listed above. Staff using this area will specify the problem behavior observed.
Other Drugs	Student is in possession of or is using illegal drugs/substances or imitations.
Property Damage	Student deliberately impairs the usefulness of property.
Skip Class/ Truancy	Student leaves class/school without permission or stays out of class/school without permission.

Major Problem Behavior	Definition
Tardy	Student is late to class or the start of the school day.
Tobacco	Student is in possession of or is using tobacco.
Vandalism/Property Damage	Student participates in an activity that results in substantial destruction or disfigurement of property.
Weapons	Student is in possession of knives or guns (real or look alike), or other objects readily capable of causing bodily harm.
Extra Info.	Extra Info. is a field that SWIS <sup>™</sup> offers for schools to define problem behaviors at a more specific level. Schools have three options available for Extra Info codes. Examples are listed below.
Extra Info 1: Harassment	Specify the type of harassment observed: verbal, racial, sexual, religious, and other.
Extra Info 2: Homeroom Teacher	Specify the homeroom teacher.

Others Involved	Definition
None	Student engaged in problem behavior incident alone
Peers	Student engaged in problem behavior incident with peer(s)
Staff	Student engaged in problem behavior incident with staff
Substitute	Student engaged in problem behavior incident with substitute
Teacher	Student engaged in problem behavior incident with teacher
Unknown	It is unclear if any others were involved in incident
Other	Student engaged in problem behavior with persons not listed above

Locations	Definition
Classroom	Classrooms used for instructional purposes
Playground	The outside area used for recess breaks
Hallway/Breezeway	Areas designated for passing from one activity/class to another
Cafeteria	The area used for breakfast and lunch
Covered Waiting Area	The covered area next to the cafeteria where students wait before school
Bathroom/restroom	Areas used by students for taking care of personal needs
Library	The area designated for research and study
Bus loading area	The area used for bus loading and unloading
Parking Lot	Area used for parking vehicles during school hours
On bus	Inside bus at any time
Special Event/Field trip/ Assembly	Infrequent activities that occur in and/or out of school
Field	Area used for football or soccer
Off Campus	Areas outside of school and to and from home
Office	The area used by school staff for primary school business and management
Other	Location for referral occurs in a location that is not listed above.  Staff using this area will specify the location for the problem.

Possible Motivation	Definition
Obtain Peer Attention	Student engages in problem behavior(s) to gain peer(s) attention
Obtain Adult Attention	Student engages in problem behavior(s) to gain adult(s) attention
Obtain Item/Activities	Student engages in problem behavior(s) to gain items and/or activities
Avoid Task/Activities	Student engages in problem behavior(s) to get away/escape from tasks and/or activities
Avoid Peer(s)	Student engages in problem behavior(s) to get away/escape from escape peer(s)
Avoid Adult(s)	Student engages in problem behavior(s) to get away/escape from adults(s)

Administrative Decision	Definition
Student Study Team (SST)	Consequence for referral results in coordinating a Student Study Team, involving parent, teacher, counselor, principal, and other appropriate school personnel.
Conference with Student	Consequence for referral results in student meeting with administrator, teacher, and/ or parent (in any combination).
Conference/Parent Contact	Consequence for referral results in parent communication by phone, email, or person to person about the problem.
Loss of Privilege	Consequence for referral results in student being unable to participate in some type of privilege.
Restitution	Consequence for referral results in apologizing or compensating for loss, damage, or injury.
Time out/Detention	Consequence for referral results in student spending time in a specified area away from scheduled activities/classes.
Other	Consequence for referral results in administrative decision that is not listed above. Staff using this area will specify the administrative action taken.
Individualized Instruction	Consequence for referral results in student receiving individualized instruction specifically related to the students problem behavior.
Contact Law Enforcement	Consequence for referral results in administration contacting law enforcement because student has broken a law and needs law enforcement intervention.

Administrative Decision	Definition
In-School Suspension	Consequence for referral results in a period of time spent away from scheduled activities/classes during the school day.
Out-of-School Suspension	Consequence for referral results in a 1-5 day period when student is not allowed on campus.
Bus Suspension	Consequence for referral results in a 1-30 day period when student is not allowed on the bus.